

**Ranger-led Programs
January 2012**

Frozen Head State Park and Natural Area
Tennessee Department of Environment and Conservation

Sunday, January 8

Bird Walk

10:00 AM at Visitor Center

Join Ranger Hodge to learn about the birds of Frozen Head we will take a short easy walk in search of birds to discuss identification and biology. Please dress warmly.

Friday, January 13

Bird Walk

2:00 PM at Visitor Center

Join Ranger Hodge to learn about the birds of Frozen Head we will take a short easy walk in search of birds to discuss identification and biology.

Night Sky

6:00 PM at Visitor Center

Join Ranger Hodge to learn about the constellations and more as we explore the night sky over Frozen Head through the park's telescope. Suitable for all ages. May be canceled if raining. For updates, please visit the park Facebook page at <https://www.facebook.com/FHSPNA> or call the ranger at (865) 617-3403.

Saturday, January 14

Hike to DeBord Falls

2:00 PM at Panther Gap Trail Head

Join Ranger Hodge for an easy 1 mile hike to DeBord Falls and back. Park history and nature will be discussed. Sturdy shoes, water and snacks suggested.

Sunday, January 15

Bird Walk

10:00 AM at Visitor Center

Join Ranger Hodge to learn about the birds of Frozen Head we will take a short easy walk in search of birds to discuss identification and biology. Please dress warmly.

Monday, January 16

Bird Walk

10:00 AM at Visitor Center

Join Ranger Hodge to learn about the birds of Frozen Head we will take a short easy walk in search of birds to discuss identification and biology. Please dress warmly.

Saturday, January 21

Volunteer Trail Day

9:00 AM at Visitor Center

The public is invited to join us in maintaining the park's trails. Tools will be provided. Volunteers should be prepared for a variety of weather conditions including rain and snow. Bring food, water and a daypack. Some areas require hiking one to two miles in rugged terrain. First time volunteers must complete a liability form. Please call (423) 346-3318 for more information.

Frozen Head State Park and Natural Area

964 Flat Fork Rd.
Wartburg, TN 37887
(423) 346-3318

On the World Wide Web:

<http://www.tennessee.gov/environment/parks/FrozenHead>
<https://www.facebook.com/FHSPNA>

Visitor center open 8:00 am - 4:00 p.m.

All Programs are free and open to the public.
Programs are equal opportunity. Please let the ranger know if you need assistance.
There is a fee for camping in the Big Cove and Flat Fork Camping Areas.